

DUMFRIES AND GALLOWAY Disability Sport

We Need YOU!

Dumfries and Galloway Disability Sport (DGDS) is the regional branch of Scottish Disability Sport (SDS), who coordinates Disability Sport across Scotland. DGDS works in partnership with Dumfries and Galloway Council.

We are a charitable body dedicated to giving people living in the region an opportunity to take part in regular sport and physical activity to achieve and maintain healthy and active lifestyles

If you would like to know more about Dumfries and Galloway Disability Sport and see how you could get involved in any of the following

- Fundraising
- Supporting events
- Volunteer helper
- Supporting Coaching sessions
- Marketing

Please contact



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