

youth
SCOTLAND

Training

ESSENTIALS

DUMFRIES AND GALLOWAY

A local training event for youth workers and youth work volunteers

Saturday 28th May 2011

10.00 am - 4.15 pm

YCentre, School Lane, Laurieknowe, Dumfries DG2 7AJ

Offering an exciting choice of training workshops for youth workers and youth work volunteers, delivered in one location, with practical resources to take away.



This event is being delivered in partnership with:



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DUMFRIES AND GALLOWAY

A local training event for youth workers and youth work volunteers

We know that as busy youth workers and youth work volunteers it can sometimes be difficult to access quality training at times and locations that suit you. This event is part of a series of free Youth Scotland local training events running across Scotland, where you can develop new skills, increase your knowledge and meet other youth workers.

Who should attend?

- Youth Workers/Leaders (paid ● sessional ● volunteers)

The programme

Saturday 28th May 2011

- 10.00 Arrival, Coffee and Welcome
- 10.30 Workshop One
- 13.00 Lunch and Marketplace
- 13.45 Workshop Two
- 16.15 Finish

Cost

This event is **free** and a light lunch will be provided. However, please note there is a £25 charge for non-attendance on the day.

How to book

Book your place by completing the form on the back of this flyer or by visiting www.youthscotland.org.uk/training/training-essentials.htm

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WORKSHOP TOPICS

Evaluation and Outcomes

This insightful workshop will:

- help you to understand the language of outcomes
- explore different methods of measuring outcomes in youth work settings
- provide practical tips and resources

Young People and Self Esteem

This informative workshop will:

- assist you to understand the role of self esteem on health and lifestyle choices
- provide ideas on how to facilitate young people's understanding of their own self esteem

Active Clubs

This interactive workshop will:

- give you practical ideas to get children and young people more active
- provide you with a free British Heart Foundation Active Club Resource Pack to use in your youth work delivery

Conflict Resolution

This challenging workshop will:

- explore the behavioural issues that affect young people
- show you how to maintain your self confidence when challenges arise
- discuss everyday examples and ways of dealing with conflict



Booking Form

DUMFRIES AND GALLOWAY
SAT 28TH MAY 2011

Name:

Address:

Postcode:

Tel (day):

Tel (mobile):

Email:

Youth Club/Group/Organisation:

Youth Scotland Affiliation no (if applicable): 350

Designation: Full Time Part-time Volunteer

Please note: workers/leaders must be 16 plus to attend these events.

Special Requirements: If you have any specific dietary, access or other requirements, please describe them here:

Which workshops would you like to attend?

My workshop choices are (please select 2):

Evaluation and Outcomes Young People and Self Esteem Active Clubs Conflict Resolution

We will try to ensure that you are allocated your chosen workshops. However, if we cannot accommodate your choices you will be allocated to another available workshop.

All bookings will be confirmed and details of workshop allocations will be sent to delegates prior to the event.

Please return this form to Michele Meehan, Youth Scotland, Balfour House, 19 Bonnington Grove Edinburgh EH6 4BL or office@youthscotland.org.uk

Tel: 0131 554 2561 Fax: 0131 454 3438

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